

Body Treatments

Back Treatment \$105

All the benefits of a facial for your back. Deep cleansing and tension relieving, this treatment deals with the often overlooked, occasionally problematic skin on the back.

Approximately 60 minutes

Aromatherapy Salt Glow \$65

Mineral and marine salts blended with essential oils gently exfoliate dull surface skin cells. Choose a: relaxation treatment – ylang ylang, lavender, tangerine, detoxification treatment – grapefruit, juniper, cypress. The gentle rain from a Vichy shower then rinses away any remnants of tension.

Approximately 45 minutes

Body Polish \$65

This gentle, deep cleansing, exfoliating scrub eliminates dead skin cells and surface toxicity. Skin is left soft, smooth and revitalized. The body polish is followed by a gentle Vichy rain shower and a nourishing moisturizer.

Approximately 45 minutes

Air Brush Tanning

Treat yourself immediately to a golden complexion and to beautiful silky skin without the harmful effects of the sun. Lasts 7-12 days, the same as a tan stimulated with UV rays.

Full Body - 30 minutes \$35

Upper or Lower Body - 20 minutes \$20

Desert Body Wraps

Your treatment begins with a body exfoliation to facilitate absorption of beneficial vitamins. While wrapped in your cocoon, you will receive a deeply relaxing face and scalp massage. The finishing touch, a moisturizing rub to hydrate and tone skin. 90 minutes \$150

The Oasis

To hydrate, soothing, calming. Relief from the drying power of summer sun or winter cold.

Desert Calm

Refreshing and relaxing. This treatment soothes away muscular pain and joint aches associated with arthritis and rheumatism.

Ocean Desert

To detoxify. Full of beneficially restorative elements for therapeutic cleansing and clarification.

Desert Heat

For stress reduction. Every inch of skin is soothed and relaxed as nourishing minerals gently seep in.

Massage

Massage Therapy \$55, \$65, \$75

Ease away stiffness and soreness with a massage customized for you. Various massage techniques from soothing relaxation to deep therapeutic treatments melt away muscle pain.

30, 45, or 60 minutes

Hot Stone Massage \$90, \$120

An ancient healing therapy using deep penetrating heat from smooth basalt stones. Heated stones combined with the relaxing strokes of Swedish massage draw soreness and stiffness away, dissolving tension and stress. *60 or 90 minutes*

Hydrotherapy \$50

Diminish the stress of the day with an underwater massage in our equinox hydrotherapy tub. Soothing and relaxing on its own or to ease hypertonic muscles before a massage. May be added to any spa service for \$30 (min. \$50 value). *Approximately 30 minutes*

Balneotherapy \$70

Experience the hydrotherapy treatment with the added therapeutic benefits of marine algae, black mud or sea salts. May be added to any spa service for \$40 (min. \$50 value). *Approximately 30 minutes*

Thai Herbal Stem Massage \$150

Thai herbal stem massage is a treatment that incorporates elements of Swedish relaxation massage, Lomi-Lomi, stretching techniques and Thai massage movements. The benefits are two-fold: there is the deep penetrating moist heat and the natural oils of the herbs that are released throughout the treatment. Thai herbal stem massage is a beautiful massage that you will find truly relaxing.



*Renew Your Look
Relax Your Mind
Revitalize Your Body*

(403) 938-7304

*#11, Elizabeth Street,
Okotoks, AB*